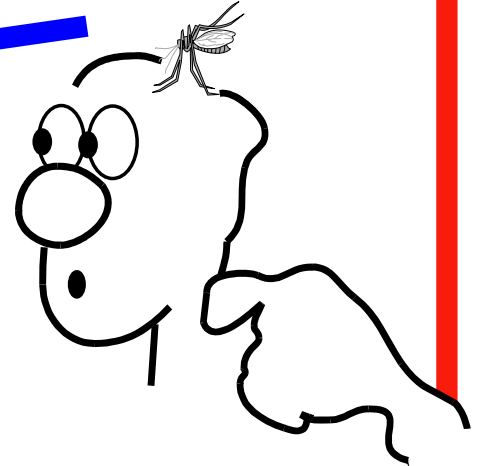


Don't forget the DEET!

Mosquitoes can be more than a nuisance. To lessen the risk of mosquito-borne disease transmission, the Fort Wayne-Allen County Department of Health recommends the following prevention tips:



1. If you cannot stay indoors during the peak mosquito feeding hours (dusk until dawn), then apply insect repellent containing DEET when you are outside. For adults, use an insect spray that contains 10-30% DEET. Read the label to ensure that the spray is EPA approved. Be sure to read the directions for the correct dosing of insecticide. Use just enough repellent to lightly cover your skin. Don't saturate your skin. Repellents should be applied only to exposed skin or clothing or both. Don't apply repellents underneath clothing*.
2. To further reduce your risk, during mosquito feeding hours wear long sleeves and pants treated with insect repellent.
3. For children 2 months of age and older, use a product containing upto 30% DEET (or less). Be careful not to apply the repellent to your child's hands or close to your child's mouth or eyes. For children under the age of 2 months, use a non-DEET repellent or cover your baby's carriage or playpen with mosquito netting when outside. Always cover the arms and legs of your children if they will be playing near swampy areas.*

*MayoClinic.com

