



Deborah McMahan, MD  
Health Commissioner

Mindy Waldron, REHS,  
CFSP  
Administrator

**Main Office**

1 E. Main St. 5th floor  
Fort Wayne, IN 46802  
260-449-7561

**Infectious Disease Center**

2040 S. Calhoun St.  
Fort Wayne, IN 46802  
260-449-7920

**Vector Control and  
Environmental Services**

2242 Carroll Road  
Fort Wayne, IN 46818  
260-449-7459

**Be a Flu Fighter!**

- Stay home from work, school, and errands when you are sick.
- Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.
- Wash your hands often with soap and water especially after you cough or sneeze.

**Go to**

[www.FightTheFlu.org](http://www.FightTheFlu.org)

# Fort Wayne-AlLEN County Department of Health News Release

**Contact:** John Silcox, 260-449-7395, [john.silcox@co.allen.in.us](mailto:john.silcox@co.allen.in.us)

For Immediate Release

## **H1N1 vaccine offered today and Monday at Carew**

*FORT WAYNE, Ind. (Nov. 5, 2009).* – H1N1 vaccine will be offered to the public at Carew Medical Park today until 6:30 p.m. and again on Monday from 2 to 6:30 p.m.

The health department is offering H1N1 injectable and nasal spray vaccine to those who are currently eligible for H1N1 vaccination:

- pregnant women
- people who live with or care for infants under 6 months of age
- children and young people from 6 months old to 24 years old
- adults age 25 through 64 with chronic health conditions
- health care and emergency medical services personnel

Children under the age of 10 will need two doses of the H1N1 vaccine, four weeks apart, to be fully protected.

Parents will need to bring a child's H1N1 vaccination card in order for the child to get the second dose at Carew. If a parent has lost or misplaced the card, the parent will need to request an immunization record by going to the health department's main office on the 5<sup>th</sup> floor of the City-County Building during normal business hours, 8 a.m. to 4:30 p.m. Monday through Friday.

Parkview Health is providing space for the clinic at Carew Medical Park, 1818 Carew St. Parking is available in an attached garage. Vaccine is given on a first-come, first-serve basis. More than 11,400 people have been vaccinated for H1N1 flu since the clinic opened on Oct. 9. The vaccine is free. Children under age 18 must be accompanied by a parent or legal guardian.

Anyone experiencing symptoms of influenza should stay home and contact a health care provider. People can also limit the spread of flu by covering their cough and washing their hands.

For more information, go to [www.FightTheFlu.org](http://www.FightTheFlu.org) or call 2-1-1.

# Vaccines available at the Carew Medical Park clinic

## H1N1 vaccine (injectable)

- For pregnant women
- For children age 6 months through 18 years of age
- For persons of any age who live with or provide care for infants less than six months of age (e.g., parents, siblings, and daycare providers)
- If a person is ill with a fever, he or she cannot get the vaccine

## H1N1 FluMist vaccine (nasal spray)

- For healthy children and young adults 2 to 24 years of age who do not have underlying health conditions
- For persons up to age 49 who live with or provide care for infants less than six months of age (e.g., parents, siblings, and daycare providers)
- No child younger than 2 years of age can get this vaccine
- No adult older than 49 can get this vaccine
- If a person has had any live vaccine such as the MMR, Varicella (chickenpox) or the seasonal flu mist vaccine in the last 28 days, the child cannot receive the H1N1 FluMist vaccine

Children under the age of 10 will need two doses of the H1N1 vaccine, four weeks apart, to be fully protected.

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