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Be a Flu Fighter!

- Stay home from work, school, and errands when you are sick.
- Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.
- Wash your hands often with soap and water especially after you cough or sneeze.

Go to

www.FightTheFlu.org

Fort Wayne-Allen County Department of Health News Release

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For Immediate Release

Health department announces more H1N1 vaccine clinics this week

FORT WAYNE, Ind. (Nov. 17, 2009). –The Fort Wayne-Allen County Department of Health announced the schedule of H1N1 vaccine clinics at Carew Medical Park for the remainder of the week:

- **Wednesday, Nov. 18, 2 to 6:30 p.m.** (H1N1 injectable vaccine and seasonal flu vaccine for those eligible)
- **Thursday, Nov. 19, 2 to 6:30 p.m.** (H1N1 injectable and seasonal flu vaccine for those eligible)
- **Friday, Nov. 20, 10 a.m. to 4:30 p.m.** (H1N1 injectable and seasonal flu vaccine for those eligible. *Note: There will be a separate line for healthcare and dental care workers, pharmacists, and firefighters/medics*)

The health department anticipates being out of H1N1 nasal spray vaccine by the end of the clinic today.

Individuals within the following priority groups are currently eligible for H1N1 vaccination:

- pregnant women
- people who live with or care for infants under 6 months of age
- children and young people from 6 months old to 24 years old
- adults age 25 through 64 with chronic health conditions
- health care and emergency medical services personnel

Parents will need to bring a child's H1N1 vaccination card in order for the child to get the second dose at Carew. If a parent has lost or misplaced the card, the parent will need to request an immunization record by going to the health department's main office on the 5th floor of the City-County Building during normal business hours, 8 a.m. to 4:30 p.m. Monday through Friday.

Seasonal flu vaccine for children 6 months to 18 years of age will also be offered while supplies last.

More than 16,500 people have been vaccinated for H1N1 flu since the clinic opened on Oct. 9. Parkview Health is providing space for the clinic at Carew Medical Park, 1818 Carew St. The vaccines are free. Children under age 18 must be accompanied by a parent or legal guardian.

Vaccines available at the Carew Medical Park clinic starting Wednesday

H1N1 vaccine (injectable)

- For pregnant women
- For persons of any age who live with or provide care for infants less than six months of age (e.g., parents, siblings, and daycare providers)
- For children and young people age 6 months through 24 years of age
- For adults age 25 through 64 with chronic health conditions such as asthma, diabetes or heart disease
- If a person is ill with a fever, he or she cannot get the vaccine

Children under the age of 10 will need two doses of the H1N1 vaccine, four weeks apart, to be fully protected.

Seasonal Flu vaccine (injectable)

- For children 6 months to 18 years of age
- No child younger than six months can get the vaccine

Children under age 18 must be accompanied by a parent or legal guardian (with notarized documentation).

Anyone experiencing symptoms of influenza should stay home and contact a health care provider. People can also limit the spread of flu by covering their cough and washing their hands.

For more information, go to www.FightTheFlu.org or call 2-1-1.

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